

A Perfect Fit



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I have to admit that a good pair of jeans is my favourite fashion item. I would even go far as to say that it is a must-have in every individual's wardrobe. However, finding a great-looking, well-fitting pair of jeans can be a challenge. Let's draw up some ground rules on how to pick a perfect pair: Be yourself, don't follow trends blindly. The most important rule in fashion is retaining your individuality irrespective of the current fad. For example, skinny jeans are "in" but not many can carry it off successfully. Instead of following a trend to the tee, find a pair of jeans that work well for you. To be trendy, you could pick colours or washes that are popular this season - it's a great compromise between your personal style statement and popular trends. Everyone can wear jeans but

wearing slightly flared (slight boot cut) dark-coloured jeans is a great idea. It's a universal truth that wearing darker coloured clothes gives a slimmer silhouette and jeans are no exception to this rule. For the men, not everyone can

carry off the Mark Wahlberg ultra-low waist jeans so try various styles and figure out what is most comfortable for you. Different pairs for work and play. With casual chic becoming more acceptable at work places around the world, jeans have managed to wriggle their way into many offices. As such, you should opt for a dark-coloured pair of jeans that gives you a smart yet casual appearance. You can also wear a more stylish pair of jeans to out-of-office events or even when you're dressing to impress. It's a great idea to own two pairs of jeans that fit you well - one for casual wear, the other for a more demanding occasion. A special note to women here: If you find a perfect fit, buy two pairs of jeans - one to wear with flats and one with heels



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that are appropriate for you. Most people find that mid-rise, mid-width jeans suit everyone. Avoid high-waist, tapered jeans as they are a strict no-no. Straight leg jeans are also a popular favourite although they don't flatter your body as much. When you take the time to find jeans that flatter and make you feel confident. Be open to trying different brands and styles as you might just find a perfect pair where you least expect it.

Belted!

Belts have come a long way since they were last in vogue. They add something to an outfit rather than dominate it, and there are plenty of styles to choose from. Models can get away with ribbon-thin, lightweight belts, but the rest of us should choose something around two inches



(5 cm) wide. This makes the cincher substantial enough to have the desired effect without a curve-killing clunkiness. The exception is for a fall or winter coat. A wider belt looks up-to-date, especially with high boots, opaque tights and a bright



turtleneck. Wear a patent-leather belt with a silver buckle over a fingertip-length fitted sweater. Wrap a soft leather belt over a dress or weave it through the belt loops of wide-legged trousers. Accent high-waisted jeans with a belt that has a chunky

Hosting colleagues at home



For many, having the boss and co-workers over for an evening in your home is nerve-wracking. The simple solution is to avoid it and instead take them out for drinks. For those times when an at-home event is the only choice, here are a few strategies that will help to ensure a perfect

Party
vited. Check to see if anyone has dietary restrictions, food allergies or if you have indoor animals. Invite guests to a separate room and be sure your children, if they are not invited, are settled in for the night. Greet each guest with a